Regional Health Assessment Story Collection

Call to action!
Ways to get involved!
Want to volunteer?

Community resilience and trauma-informed care

Access to care:
Behavioral health
equity

Access to care:
Primary care

Access to care:
Oral health & dental care

Community voice

Chronic disease prevention

Access to care:
Social safety net

Community voice

1

Collect stories in the communities CPCCO serves:

Foodbanks
Health centers
Housing resource
centers and more!





Motivate colleagues, friends and neighbors

to collect stories.

3

Host CPCCO to collect stories, or pick up stories from a central location at your site.



4



Encourage community members to go to the website and share their story.

## Challenge!

Ask at least **five** people to share their story with us and then ask them to ask **five** more, and so on.

This does not require you to be out in the community in-person, just spread the word about the survey.





Part of the CareOregon Family

#### Who to contact?

## Columbia Pacific CCO's Community Engagement Team

## Columbia County

Martha Olmstead-Ruiz: ruizolmsteadm@careoregon.org
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#### Tillamook County

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#### **Clatsop County**

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## **FAQ**

#### 1. Who can volunteer?

Members of the community, staff from partner organizations, CareOregon staff, and anyone who has the time and dedication to collect stories.

#### 2. How much time do I have to commit?

There is no time requirement, we appreciate your volunteered time.

#### 3. Who am I collecting stories from?

Everyone and anyone in the community. It does not have to be a CPCCO health plan member.

#### 4. How are we collecting these stories?

There will be a paper and online (link to come soon!) version in both English and Spanish.

#### **5.** Why are we collecting demographic information for this survey?

We want to capture and make visible the demographics of our participants and ensure that it reflects the communities in the region.

## 6. What will be done with this information/the stories that are shared?

The stories will be analyzed and will allow us to prioritize community-driven strategies for the next Regional Health Improvement Plan.

### 7. How will these stories make a difference?

Each story shared empowers community and health plan members to indicate which priority areas are most important to them and their community. We wouldn't be able to do this work without the community's input and voices.

### 8. Can people share more than one story?

Absolutely!

# 9.How do we sign up for specific roles? What times in our calendars should we block so that we can be there?

There is no official sign up, but our team will be finalizing a collection date calendar with locations and times we will be collecting surveys. This collection calendar will be changing as we schedule collection dates/times with partner organizations.

#### 10. When will we know the dates and times to sign up for?

The Community Engagement Team will share the collection date calendar when it is finalized.

## 11. How long does it take to do this survey? What am I asking people to do?

The survey time can range from five to 15 minutes, depending on how long the story shared is and the time it takes someone to complete the survey. You are asking people to share their story related to health and social care and then answer follow up questions related to that story.

### 12. Are we limited to only one option for participation?

Nope. Those are just five ways you can help the Community Engagement Team with survey collection for the Regional Health Assessment.

#### 13. How many times can someone fill out the survey?

As many times as they would like to share a different story.

#### 14. Can people enter stories on behalf of other people?

You cannot submit a story as someone else. However, you can share a story that happened to someone else that you know of. (Example: Sharing a story that happened to a family member relating to housing.)

Thank you!



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